

COMPETITION NAME: Titanic Weightlifting Championships 2016

VENUE: RCFNI
DATE: 21/05/2016

GROUP 1: YOUTH DEVELOPMENT

LOT NO	NAME	Bwt Cat	Club	Div	BWT	Age (1st Jan 2016)	Snatch				Clean & Jerk			C&J Total	Points Total	Weight Points	Total	Position	
							1	2	3	Snatch total	1	2	3						
7	Reid McSharry	50	GoLift WLC	DEV	30.9	9	weight lifted	12	12	13	37	13	15	17	45		82	120	
							tech points	0	3	4	7	4	4	4	12	38			
3	Aaron Agnew	50	GoLift WLC	DEV	29.3	9	weight lifted	15	15	16	46	12	15	17	44		90	138	
							tech points	4	4	4	12	4	4	4	12	48			
50	Stewart Reid	56	GoLift WLC	DEV	56.6	9	weight lifted	25	27	30	82	32	35	37	104		186	234	
							tech points	4	4	4	12	4	4	4	12	48			
46	Rosie Jennings	44	Three White Lights	DEV	35.3	9	weight lifted	12	14	15	41	12	15	17	44		85	115	
							tech points	4	0	2	6	3	3	3	9	30			
25	Sheldy Fleming	48	GoLift WLC	DEV	45.4	10	weight lifted	15	17	19	51	17	20	23	60		111	157	
							tech points	3	4	4	11	4	4	4	12	46			

	PRINT NAME	SIGNATURE
Referee 1	Dave Reid	
Referee 2	Maurice Glover	
Referee 3	David Knowles	

max points for snatch: 4
max points for clean: 4
max points for jerk: 4

The points are doubled to give more focus on correct technique and not necessarily the one who lifts the most.

BWT categories for Development comp (all in Under 11 age group)

Males (Under 11): 35, 40, 45, 50, 56, 62, 69, 69+
Females (Under 11): 30, 35, 40, 44, 48, 53, 53+

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GROUP 2: U17s

LOT NO	NAME	CLUB	CATEGORY	CLASS	BWT	SNATCH			BEST SNATCH	CLEAN & JERK			BEST C&J	TOTAL	SINCLAIR POINTS	POSITION
						1	2	3		1	2	3				
1	James Donnan	St Gabriel's	U17	50	42.00	16	18	20	20	22	22	24	24	44	88.53	
37	David Kearney	St Gabriel's	U17	50	49.70	33	35	37	35	38	42	42	38	73	125.72	
33	Georgia Gross	Three White Lights	U17	69	68.80	25	28	31	28	35	38	41	41	69	86.74	
38	Michael Morrissey	GoLift	U17	69	63.40	45	48	51	51	60	65	70	70	121	172.26	
43	Argaudas Guogis	Craigavon High School	U17	85	80.30	35	40	45	45	45	50	55	50	95	116.91	
27	Erynn Kinley	Three White Lights	U17	53	49.90	33	36	40	40	38	42	46	46	86	136.33	
5	Chloe Fleming	GoLift	U17	53	52.00	22	25	28	28	30	34	38	34	62	94.97	
10	Bruna Cidade	Craigavon High School	U17	69	66.00	15	18	22	18	20	23	25	25	43	55.45	
23	Matthew Quinn	Beechmount HC	U17	62	59.30	40	45	50	50	60	65	70	70	120	179.27	
45	Donal McLaughlin	St Gabriel's	U17	69	67.70	77	80	85	85	95	100	105	100	185	251.95	

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Referee 1	Aaron Small	
Referee 2	Ross Stewart	
Referee 3	Dave Reid	

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GROUP 3: U23s

LOT NO	NAME	CLUB	CATEGORY	CLASS	BWT	SNATCH			BEST SNATCH	CLEAN & JERK			BEST C&J	TOTAL	SINCLAIR POINTS	POSITION
						1	2	3		1	2	3				
3	Arthur Quinn	Beechmount HC	U23	62	60.60	50	56	61	56	63	67	73	67	123	180.84	
12	Jason Kho	QUB	U23	69	66.50	55	60	62	55	80	85	85	85	140	192.93	
20	Sarah Clydesdale	Three White Lights	U23	75+	83.70	30	33	36	36	35	38	41	41	77	87.40	
13	Niall Trainor	Unaffiliated	U23	69	67.60	65	70	75	75	90	95	100	95	170	231.75	
36	Rebecca Berardelli	Unaffiliated	U23	69	63.50	55	60	64	60	70	70	74	74	134	177.14	
6	Jonathan Hillier	St Gabriel's	U23	69	68.90	80	85	90	90	105	110	115	115	205	276.03	
8	Shannon Drain	St Gabriel's	U23	63	62.20	50	52	54	54	62	65	68	62	116	155.48	
15	Scotty Carse	GoLift	U23	85	84.10	60	65	70	70	80	85	90	90	160	192.22	

	PRINT NAME	
Referee 1	Dave Reid	
Referee 2	Mauice Glover	
Referee 3	Brian Stewart	

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GROUP 4: SENIOR FEMALES

LOT NO	NAME	CLUB	CATEGORY	CLASS	BWT	SNATCH			BEST SNATCH	CLEAN & JERK			BEST C&J	TOTAL	SINCLAIR POINTS	POSITION
						1	2	3		1	2	3				
17	Natalie Lowry	CrossFit Varangian	Senior	69	66.70	55	58	61	58	73	75	80	75	133	170.37	
15	Vikki McAnenney	GoLift	Senior	53	52.60	27	30	33	33	45	49	52	52	85	129.00	
42	Rebekah Thompson	RCFNI	Senior	69	68.40	58	61	63	63	75	78	80	78	141	177.86	
13	Gemma Mullan	GoLift	Senior	75	74.20	25	29	33	33	42	46	49	49	82	98.75	
35	Naomi Henry	Three White Lights	Senior	75	73.20	33	36	39	39	43	46	50	50	89	107.97	
4	Kerri Magowan	Three White Lights	Senior	58	57.70	35	38	39	39	45	48	51	45	84	118.71	
18	Lisa Dagens	Unaffiliated	Senior	58	57.90	25	28	31	28	35	38	42	42	70	98.68	
48	Joanne McCaugherty	CrossFit Varangian	Senior	58	58.00	33	36	38	36	45	48	49	48	84	118.26	
38	Triona Quigley	Three White Lights	Senior	48	46.60	48	51	54	54	63	65	68	65	119	200.27	

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Referee 1		
Referee 2		
Referee 3		

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GROUP 5: SENIOR MALES 1

LOT NO	NAME	CLUB	CATEGORY	CLASS	BWT	SNATCH			BEST SNATCH	CLEAN & JERK			BEST C&J	TOTAL	SINCLAIR POINTS	POSITION
						1	2	3		1	2	3				
9	William Wood	Unaffiliated	Senior	105	101.60	70	72	75	75	100	105	110	105	180	199.07	
47	Daithi McLaimhim	St Gabriel's	Senior	105	97.20	50	55	60	55	60	65	70	70	125	140.64	
21	David McVeigh	White Wolf	Senior	94	91.20	55	58	62	58	75	80	85	85	143	165.31	
28	Gerard Curry	St Gabriel's	Senior	77	71.80	55	58	60	58	60	65	65	60	118	154.84	
44	Andrew McGuinness	Three White Lights	Senior	77	73.40	55	58	62	62	70	74	76	76	138	178.68	
34	Stirling Hall	Unaffiliated	Senior	69	67.10	60	65	70	65	78	83	88	83	148	202.74	
22	Han (Calvin) Jun Tan	CrossFit Castrum	Senior	69	67.60	60	65	65	60	90	95	95	90	150	204.48	
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	PRINT NAME	SIGNATURE
Referee 1		
Referee 2		
Referee 3		

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GROUP 6: SENIOR MALES 2

LOT NO	NAME	CLUB	CATEGORY	CLASS	BWT	SNATCH			BEST SNATCH	CLEAN & JERK			BEST C&J	TOTAL	SINCLAIR POINTS	POSITION
						1	2	3		1	2	3				
46	Michael McKenna	Beechmount HC	Senior	85	81.70	70	77	82	77	90	97	101	101	178	217.05	
40	Adam Campbell	Unaffiliated	Senior	94	88.80	65	68	68	68	95	100	101	101	169	197.76	
7	James Stewart	Bannside CrossFit	Senior	94	91.10	90	95	95	95	125	130	130	130	225	260.23	
26	Giuseppe Aschettino	GoLift	Senior	94	92.00	100	102	106	102	130	135	135	135	237	272.91	
41	Stephen Forbes	RCFNI	Senior	94	91.00	115	120	123	123	134	140	145	145	268	310.12	
43	Mark Scott	St Gabriel's	Senior	85	79.30	90	95	102	95	125	132	132	132	227	281.24	
14	Aaron Small	Asylum	Senior	105+	108.60	100	105	110	110	131	140	151	140	250	270.12	
28	John Britton	Unaffiliated	Senior	94	91.40	130	130	130	130	165	165	165		130	150.13	

	PRINT NAME	SIGNATURE
Referee 1		
Referee 2		
Referee 3		

Name	Club	Gender	Age Group	Class	Total	Sinclair	Rank	
David Kearney	St Gabriel's	Male	U17		50	73	125.72	1
James Donnan	St Gabriel's	Male	U17		50	44	88.53	2
Erynn Kinley	Three White Lights		U17		53	86	136.33	1
Chloe Fleming	GoLift		U17		53	62	94.97	2
Matthew Quinn	Beechmount HC	Male	U17		62	120	179.27	1
Donal McLaughlin	St Gabriel's	Male	U17		69	185	251.95	1
Michael Morrissey	GoLift	Male	U17		69	121	172.26	2
Georgia Gross	Three White Lights		U17		69	69	86.74	1
Bruna Cidade	Craigavon High School		U17		69	43	55.45	2
Argaudas Guogis	Craigavon High School	Male	U17		85	95	116.91	1
Arthur Quinn	Beechmount HC	Male	U23		62	123	180.84	1
Shannon Drain	St Gabriel's		U23		63	116	155.48	1
Jonathan Hillier	St Gabriel's	Male	U23		69	205	276.03	1
Niall Trainor	Unaffiliated	Male	U23		69	170	231.75	2
Jason Kho	QUB	Male	U23		69	140	192.93	3
Rebecca Berardelli	Unaffiliated		U23		69	134	177.14	1
Scotty Carse	GoLift	Male	U23		85	160	192.22	1
Sarah Clydesdale	Three White Lights		U23	75+		77	87.40	1
Triona Quigley	Three White Lights		Senior		48	119	200.27	1
Vikki McAnenney	GoLift		Senior		53	85	129.00	1
Kerri Magowan	Three White Lights		Senior		58	84	118.71	1
Joanne McCaugherty	CrossFit Varangian		Senior		58	84	118.26	2
Lisa Dagens	Unaffiliated		Senior		58	70	98.68	3
Rebekah Thompson	RCFNI		Senior		69	141	177.86	1
Natalie Lowry	CrossFit Varangian		Senior		69	133	170.37	2
Naomi Henry	Three White Lights		Senior		75	89	107.97	1
Gemma Mullan	GoLift		Senior		75	82	98.75	2
Han (Calvin) Jun Tan	CrossFit Castrum		Senior		69	150	204.48	1
Stirling Hall	Unaffiliated		Senior		69	148	202.74	2
Andrew McGuinness	Three White Lights		Senior		77	138	178.68	1
Gerard Curry	St Gabriel's		Senior		77	118	154.84	2
Mark Scott	St Gabriel's		Senior		85	227	281.24	1
Michael McKenna	Beechmount HC		Senior		85	178	217.05	2
Stephen Forbes	RCFNI		Senior		94	268	310.12	1
Giuseppe Aschettino	GoLift		Senior		94	237	272.91	2
James Stewart	Bannside CrossFit		Senior		94	225	260.23	3
Adam Campbell	Unaffiliated		Senior		94	169	197.76	4
David McVeigh	White Wolf		Senior		94	143	165.31	5
John Britton	Unaffiliated		Senior		94	130	150.13	6
William Wood	Unaffiliated		Senior		105	180	199.07	1
Daithi McLaimhim	St Gabriel's		Senior		105	125	140.64	2
Aaron Small	Asylum		Senior	105+		250	270.12	1

Name	Club	Age Group	Class	Total	Sinclair	
Stephen Forbes	RCFNI	Senior		94	268	310.12
Mark Scott	St Gabriel's	Senior		85	227	281.24
Jonathan Hillier	St Gabriel's	U23		69	205	276.03
Giuseppe Aschettino	GoLift	Senior		94	237	272.91
Aaron Small	Asylum	Senior	105+		250	270.12
James Stewart	Bannside CrossFit	Senior		94	225	260.23
Donal McLaughlin	St Gabriel's	U17		69	185	251.95
Niall Trainor	Unaffiliated	U23		69	170	231.75
Michael McKenna	Beechmount HC	Senior		85	178	217.05
Han (Calvin) Jun Tan	CrossFit Castrum	Senior		69	150	204.48
Stirling Hall	Unaffiliated	Senior		69	148	202.74
Triona Quigley	Three White Lights	Senior		48	119	200.27
William Wood	Unaffiliated	Senior	105		180	199.07
Adam Campbell	Unaffiliated	Senior		94	169	197.76
Jason Kho	QUB	U23		69	140	192.93
Scotty Carse	GoLift	U23		85	160	192.22
Arthur Quinn	Beechmount HC	U23		62	123	180.84
Matthew Quinn	Beechmount HC	U17		62	120	179.27
Andrew McGuinness	Three White Lights	Senior		77	138	178.68
Rebekah Thompson	RCFNI	Senior		69	141	177.86
Rebecca Berardelli	Unaffiliated	U23		69	134	177.14
Michael Morrissey	GoLift	U17		69	121	172.26
Natalie Lowry	CrossFit Varangian	Senior		69	133	170.37
David McVeigh	White Wolf	Senior		94	143	165.31
Shannon Drain	St Gabriel's	U23		63	116	155.48
Gerard Curry	St Gabriel's	Senior		77	118	154.84
John Britton	Unaffiliated	Senior		94	130	150.13
Daithi McLaimhim	St Gabriel's	Senior	105		125	140.64
Erynn Kinley	Three White Lights	U17		53	86	136.33
Vikki McAnenney	GoLift	Senior		53	85	129.00
David Kearney	St Gabriel's	U17		50	73	125.72
Kerri Magowan	Three White Lights	Senior		58	84	118.71
Joanne McCaugherty	CrossFit Varangian	Senior		58	84	118.26
Argaudas Guogis	Craigavon High School	U17		85	95	116.91
Naomi Henry	Three White Lights	Senior		75	89	107.97
Gemma Mullan	GoLift	Senior		75	82	98.75
Lisa Dagens	Unaffiliated	Senior		58	70	98.68
Chloe Fleming	GoLift	U17		53	62	94.97
James Donnan	St Gabriel's	U17		50	44	88.53
Sarah Clydesdale	Three White Lights	U23	75+		77	87.40
Georgia Gross	Three White Lights	U17		69	69	86.74
Bruna Cidade	Craigavon High School	U17		69	43	55.45