



BRITISH WEIGHT LIFTING
LSE Series 3
Bethnal Green
Saturday 23rd July 2016



| GROUP | GIVEN NAME | FAMILY NAME | CLUB | BIRTH YEAR | AGE CATEGORY | Entry Total | BODYWEIGHT CATEGORY, kg | BODY WEIGHT kg | SNATCH kg | | | BEST RESULT SNATCH | JERK kg | | | BEST RESULT JERK | TOTAL | PLACE | SINCLAIR |
|------------|------------|-------------|------------|------------|--------------|-------------|-------------------------|----------------|-----------|-----|-----|--------------------|---------|----|-----|------------------|-------|-------|----------|
| | | | | | | | | | 1 | 2 | 3 | | 1 | 2 | 3 | | | | |
| | | | | | | | | | | | | 0 | | | | 0 | 0 | | #DIV/0! |
| Gr2 | Katerina | Wiemeyer | CFCL | 1986 | Sen | 140 | 69.00 | 64.50 | x62 | 62 | 66 | 66 | 73 | 78 | 81 | 81 | 147 | 3 | 192.36 |
| | Kathleen | Spears | BU | 1991 | Sen | 180 | 75.00 | | x | | | 0 | x | | | 0 | 0 | | #DIV/0! |
| | Charlotte | Davies | Locker 27 | 1991 | Sen | 166 | 75+ | | x | | | 0 | x | | | 0 | 0 | | #DIV/0! |
| | Ruth | Carpenter | C.Pal | 1988 | Sen | 150 | 75+ | 105.70 | 67 | x70 | 70 | 70 | 78 | 81 | 84 | 84 | 154 | | 160.96 |
| | Kim | Pham | C.Pal | 1994 | U23 | 143 | 58.00 | 53.80 | 61 | x63 | 63 | 63 | 80 | 83 | x84 | 83 | 146 | 1 | 217.63 |
| | Miriam | Messmer | CFCL | 1983 | Sen | 140 | 75.00 | 74.80 | 60 | 65 | x69 | 65 | 70 | 78 | 84 | 84 | 149 | | 178.66 |
| | Laura | Moylan | Middx | 1986 | Sen | 140 | 58.00 | 56.60 | x61 | x61 | 61 | 61 | 73 | 78 | x81 | 78 | 139 | 2 | 199.26 |
| | | | | | | | | | | | | 0 | | | | 0 | 0 | | #DIV/0! |
| | | | | | | | | | | | | 0 | | | | 0 | 0 | | #DIV/0! |
| Gr4 | Kirsty | Turner | Essex | 1991 | Sen | 138 | 69.00 | 65.40 | 50 | x55 | x58 | 50 | 76 | 81 | x86 | 81 | 131 | 3 | 169.90 |
| | Hannah | Whitcombe | Maidstone | 1990 | Sen | 115 | 63.00 | 62.40 | 50 | 53 | 55 | 55 | 65 | 70 | 73 | 73 | 128 | 2 | 171.19 |
| | Danielle | Norville | Middx | 1983 | Sen | 110 | 63.00 | 66.70 | 49 | 52 | 55 | 55 | 63 | 68 | 71 | 71 | 126 | | 161.41 |
| | Lucy | Hughes | Chelmsford | 1996 | Sen | 108 | 48.00 | 47.50 | 46 | 48 | 50 | 50 | 56 | 58 | 60 | 60 | 110 | 1 | 181.99 |
| | Natasha | Cassone | Middx | 1983 | Sen | 95 | 63.00 | 62.60 | 41 | 46 | 50 | 50 | 55 | 60 | x65 | 60 | 110 | | 146.80 |
| | Demi | Whiskin | Maidstone | 1990 | Sen | 90 | 63.00 | 59.00 | 35 | 40 | x45 | 40 | 50 | 55 | x57 | 55 | 95 | | 132.10 |
| | | | | | | | | | | | | 0 | | | | 0 | 0 | | #DIV/0! |
| | | | | | | | | | | | | 0 | | | | 0 | 0 | | #DIV/0! |

Tech Off: G Manners D Altenor R Cupid M Brown LD Ramsay-Overall S Daire D Mannion R Kerchacha R Carpenter



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|-------|------------|-----------------|------------|------------|--------------|-------------|-------------------------|----------------|-----------|------|------|--------------------|---------|------|------|------------------|-------|-------|---------|----------|
| | | | | | | | | | 1 | 2 | 3 | | 1 | 2 | 3 | | | | | |
| Gr 1 | Ben | du Parc Braham | B.Green | 1993 | Sen | 130 | 69.00 | 67.30 | x66 | 66 | x70 | 66 | x90 | x90 | 90 | 90 | 156 | 3 | | 213.28 |
| | Yoofi | Essilife-Conduh | Middx | 1996 | Sen | 137 | 62.00 | 60.30 | 52 | 55 | 61 | 61 | 75 | 78 | x82 | 78 | 139 | | | 205.11 |
| | Oliver | Fahey | Oaklands | 1987 | Sen | 140 | 85.00 | 83.40 | 55 | 60 | 65 | 65 | 80 | 90 | x100 | 90 | 155 | | | 187.01 |
| | Alex | Dima | Middx | 1990 | Sen | 165 | 85.00 | 83.00 | 70 | x75 | x75 | 70 | 90 | 95 | x100 | 95 | 165 | | | 199.56 |
| | Lee | Adams | B.Green | 1982 | Sen | 165 | 77.00 | 72.90 | 70 | 75 | x80 | 75 | 90 | 95 | 100 | 100 | 175 | 2 | | 227.52 |
| | Lloyd | Morgan | B.Green | 1974 | Sen | 180 | 85.00 | 80.30 | x83 | 83 | 87 | 87 | 93 | 98 | x102 | 98 | 185 | 1 | | 227.66 |
| | | | | | | | | | | | | 0 | | | | 0 | 0 | | | #DIV/0! |
| | | | | | | | | | | | 0 | | | | 0 | 0 | | | #DIV/0! | |
| Gr3 | Liem | Bui-Le | C.Pal | 1993 | U23 | 285 | 85.00 | 84.00 | x123 | 123 | 127 | 127 | 157 | 162 | x165 | 162 | 289 | 1 | | 347.41 |
| | Ramsay | Kerchacha | Europa | 1991 | Sen | 262 | 94.00 | 92.90 | 115 | 118 | 121 | 121 | 148 | 153 | 155 | 155 | 276 | 3 | | 316.47 |
| | Kristian | McPhee | Brunei | 1991 | Sen | 254 | 77.00 | 76.20 | x108 | 110 | x115 | 110 | x140 | x145 | x145 | 0 | 110 | | | 139.35 |
| | Jamal | Isaac-Shah | C.Pal | 1993 | U23 | 240 | 77.00 | 76.40 | x108 | x108 | 108 | 108 | 135 | 141 | 146 | 146 | 254 | 2 | | 321.28 |
| | James | Daley | C.Pal | 1988 | Sen | 240 | 94.00 | 93.70 | 110 | 113 | 116 | 116 | x135 | 135 | x138 | 135 | 251 | | | 286.74 |
| | Mitchell | Mason | Europa | 1990 | Sen | 235 | 77.00 | 77.00 | 100 | 107 | x140 | 107 | 125 | 130 | x135 | 130 | 237 | | | 298.46 |
| | Darren | Hotten | Essex | 1996 | Sen | 235 | 85.00 | | | x | x | 0 | x | x | x | 0 | 0 | | | #DIV/0! |
| | | | | | | | | | | | | 0 | | | | 0 | 0 | | | #DIV/0! |
| | | | | | | | | | | | | 0 | | | | 0 | 0 | | | #DIV/0! |
| | | | | | | | | | | | | 0 | | | | 0 | 0 | | | #DIV/0! |
| Gr5 | Iain | Couling | Chelmsford | 1991 | Sen | 215 | 105+ | 106.80 | 100 | x104 | x104 | 100 | 110 | x115 | 117 | 117 | 217 | | | 235.77 |
| | Conor | Buttigeig | Middx | 1992 | Sen | 210 | 77.00 | 74.30 | 94 | 97 | 101 | 101 | 110 | x114 | x116 | 110 | 211 | 3 | | 271.24 |
| | Michael | Hunnisett | Oaklands | 1991 | Sen | 210 | 77.00 | 74.70 | 90 | 95 | 101 | 101 | 121 | x126 | x126 | 121 | 222 | 1 | | 284.48 |
| | Max | Charles | Maidstone | 1993 | Sen | 200 | 94.00 | 88.60 | 80 | 88 | 92 | 92 | 110 | x118 | x121 | 110 | 202 | | | 236.62 |
| | David | Buckley | Europa | 1984 | Sen | 205 | 69.00 | 68.60 | 85 | 89 | x92 | 89 | x115 | x116 | 116 | 116 | 205 | 2 | | 276.81 |
| | | | | | | | | | | | | 0 | | | | 0 | 0 | | | #DIV/0! |
| | | | | | | | | | | | | 0 | | | | 0 | 0 | | | #DIV/0! |
| | Jorge | Arrango | B.Green | 1993 | Sen | 200 | 77.00 | 73.90 | 88 | 93 | x98 | 93 | 110 | 115 | x118 | 115 | 208 | 1 | | 268.23 |
| | Toby | Barklem | Oaklands | 1982 | Sen | 195 | 85.00 | 84.10 | 80 | x85 | x90 | 80 | 95 | 102 | x107 | 102 | 182 | | | 218.66 |
| | Jonny | oviasu | B.Green | 1986 | Sen | 185 | 85.00 | 84.40 | 85 | x88 | x88 | 85 | 110 | x115 | 118 | 118 | 203 | 2 | | 243.45 |
| | Oliver | Smith | Battersea | 1986 | Sen | 180 | 94.00 | 88.00 | 80 | 85 | x92 | 85 | 105 | 110 | x115 | 110 | 195 | | | 229.15 |
| | Nick | Wilson | Battersea | 1987 | Sen | 180 | 94.00 | 86.60 | 85 | 90 | x100 | 90 | 113 | x118 | x118 | 113 | 203 | 3 | | 240.39 |
| | | | | | | | | | | | 0 | | | | 0 | 0 | | | #DIV/0! | |
| | | | | | | | | | | | 0 | | | | 0 | 0 | | | #DIV/0! | |

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