



## Hampshire Weightlifting Championships

	Name	Last Name	Club	DOB	Body Weight (kg)	Snatch (kg)			Clean and Jerk (kg)			Best Lift		TOTAL kg	Sinclair	Place
						1	2	3	1	2	3	Snatch (kg)	C&J (kg)			
G1	Katherine	Able	Elite-Bodyworks		52.4	20	25	30x	30	35	38	25	38	63	102.91	
G1	Jennifer	Gay	Exeter uni		54.4	36	39	42x	46	48	50	39	50	89	141.06	
G1	Claire	Roseman	Elite-Bodyworks		57.4	20	25	30x	40	45x	45x	25	40	65	98.83	
G1	Charlotte	Cook	Exeter uni		51.8	40.0	43	45	50	53.0	55.0	45	55	100	164.90	3
G1	Lauren	Betts-Bucke	Locker 27		56.6	40	43	46.0	60	63	66x	46	63	109	167.51	1
G1	Rachel	Munday	Locker 27		65.6	44	47	50	63	67	70	50	70	120	165.95	2
G1	Chelsea	Mackenzie	Guildford W/L club		71.6	40x	40x	41	53	57	61x	41	57	98	128.20	
G1	Sophie	Whiteman	Locker 27		68.6	47	50x	52	63x	63	67x	52	63	115	154.48	

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G2	Cam	Bamford	Elite-Bodyworks		64.4	40	45	48.0	60	65	70x	48	65	113	158.21	
G2	Mark	Martin-Dye	Elite-Bodyworks		66.4	50x	50	55x	70	75	80	50	80	130	178.34	3
G2	Paul	Brand	Locker 27		88.4	65	70x	72x	90	95x	100x	65	90	155	181.20	2
G2	Russell	Haworth	Locker 27		89.8	65.0	68	70x	84	91x	93x	68	84	152	176.43	
G2	Paul	Walpole	unattached		91.8	62	65	70.0	80	90x	92x	70	80	150	172.41	
G2	Elliot	Brown	Bournemouth Uni W/L		61.2	75	80	85	100	105x	109x	85	100	185	268.36	1
G2	Andrzej	Skrypij	Crystal Palace		75.4	50	53x	53x	65x	65x	65x	50	0	50	63.45	

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G3	Lucy	Barrett	Locker 27		56.2	45	50	55x	65	68x	68x	50	65	115	177.69	
G3	Rhiannon	Devaney	unattached		73.0	52	56	61x	70	75x	77x	56	70	126	162.92	
G3	Liv	Bell	Locker 27		72.2	63	66	68	75	78	82x	68	78	146	190.03	3
G3	Alex	Von-Hasleburg	Guildford W/L club		83.4	55	60	65x	75	80x	80	60	80	140	168.32	
G3	Bryony	Watson	Bournemouth Uni W/L		62.6	63x	63	70x	x	x	x	63	0	63	89.94	

G3	Charlotte	Davies	Locker 27		86.2	75	79x	82x	93	96x	98x	75	93	168	<b>198.74</b>	2
G3	Jade	Hill	Europa		61.6	68	71	74	83	87	91x	74	87	161	<b>232.47</b>	1

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G4	Przemek	Borak	Crossfit Solent		94.0	90x	90	95x	110	115x	115x	90	110	200	<b>227.57</b>	
G4	Chris	Ferguson	unattached		89.4	85	93	97x	115	123x	123	93	123	216	<b>251.22</b>	
G4	Byron	Munford	Elite-Bodyworks		76.4	102	106	110x	128	132	138	106	138	244	<b>307.33</b>	1
G4	Chi	Chea	Woking		79.4	104	107x	108x	137	142	146x	104	142	246	<b>303.38</b>	2
G4	Chris	Parnaby	Locker 27		104.2	104x	105x	107	140	145	150x	107	145	252	<b>275.60</b>	3
G4	Henry	Woodson	Guildford W/L club		100.4	116x	117x	117x	140	146x	148x	0	140	140	<b>155.19</b>	