

British Women's Under 23 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition
48	Snatch	67	Hannah Powell	08-03-2015	Welsh Senior Championships
	Clean & Jerk	83	Hannah Powell	08-03-2015	Welsh Senior Championships
	Total	150	Hannah Powell	08-03-2015	Welsh Senior Championships
53	Snatch	72	Zoe Smith	14-10-2008	Commonwealth Youth Games
	Clean & Jerk	90	Fraer Morrow	11-06-2016	British Weightlifting Championships
	Total	159	Zoe Smith	14-10-2008	Commonwealth Youth Games
58	Snatch	92	Zoe Smith	11-04-2012	European Senior Championships
	Clean & Jerk	121	Zoe Smith	30-04-2012	Olympic Games
	Total	211	Zoe Smith	30-04-2012	Olympic Games
63	Snatch	97	Zoe Smith	25-11-2015	World Senior Championships
	Clean & Jerk	124	Zoe Smith	25-11-2015	World Senior Championships
	Total	221	Zoe Smith	25-11-2015	World Senior Championships
69	Snatch	102	Rebekah Tiler	11-06-2016	British Weightlifting Championships
	Clean & Jerk	126	Rebekah Tiler	24-10-2015	Northern Weightlifting Open
	Total	227	Rebekah Tiler	11-06-2016	British Weightlifting Championships
75	Snatch	94	Mercy Brown	14-11-2014	World Senior Championships
	Clean & Jerk	118	Mercy Brown	27-11-2014	European U23 & U20 Championships
	Total	210	Mercy Brown	14-11-2014	World Senior Championships
75+	Snatch	105	Mercy Brown	02-07-2016	World Junior Championships
	Clean & Jerk	131	Mercy Brown	02-07-2016	World Junior Championships
	Total	236	Mercy Brown	02-07-2016	World Junior Championships