

British Men's Under 23 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Event	Location
56	Snatch	92	Sam Henderson	27-06-2015	British Senior Championships	Coventry, England
	Clean & Jerk	111	Luca Michael	01-04-2017	British University & College Championships	London, England
	Total	200	Gareth Evans	24-01-2004	UK Invitational	Warley, England
62	Snatch	110	Chris Freebury	26-06-2010	British Senior Championships	Lilleshall, England
	Clean & Jerk	145	Mubarak Musoke Knumbi	11-07-2009	British Senior Championships	
	Total	240	Chris Freebury	26-06-2010	British Senior Championships	Lilleshall, England
69	Snatch	123	Shaun Clegg	26-05-2012	British Senior Championships	Alfreton, England
	Clean & Jerk	150	Halil Zorba	20-10-2007	British Under 23 Championships	Kilmarnock, Scotland
	Total	273	Shaun Clegg	26-05-2012	British Senior Championships	Alfreton, England
77	Snatch	142	Jack Oliver	09-04-2012	European Senior Championships	Antalya, Turkey
	Clean & Jerk	172	Jack Oliver	10-05-2014	British Senior Championships	Coventry, England
	Total	313	Jack Oliver	27-07-2014	Commonwealth Games	Delhi, India
85	Snatch	143	Jack Oliver	15-06-2013	British Under 23 Championships	Scotstoun, Scotland
	Clean & Jerk	180	Jack Oliver	20-09-2013	European Under 23 Championships	Tallinn, Estonia
	Total	320	Jack Oliver	20-09-2013	European Under 23 Championships	Tallinn, Estonia
94	Snatch	152	Sonny Webster	11-06-2016	British Weightlifting Championships	Coventry, England
	Clean & Jerk	194	Sonny Webster	11-06-2016	British Weightlifting Championships	Coventry, England
	Total	346	Sonny Webster	11-06-2016	British Weightlifting Championships	Coventry, England
105	Snatch	153	Ben Watson	06/07/2013	La Coruna, Spain	La Coruna, Spain
	Clean & Jerk	176	Ben Watson	13/07/2013	British Senior Championships	Bangor, Wales
	Total	326	Ben Watson	06/07/2013	La Coruna, Spain	La Coruna, Spain
105+	Snatch	171	Darius Jokarzadeh	08-12-2012	European Junior (U20) Championships	Eilat, Israel
	Clean & Jerk	215	Darius Jokarzadeh	10-05-2013	World Junior Championships	Lima, Peru
	Total	361	Darius Jokarzadeh	08-12-2012	European Junior (U20) Championships	Eilat, Israel