

# British Men's Under 23 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Event
<b>56</b>	Snatch	92	Sam Henderson	27-06-2015	British Under 23 Championships
	Clean & Jerk	110	Robert Davies	07-03-2003	European Senior Championships
	Total	200	Gareth Evans	24-01-2004	UK Invitational
<b>62</b>	Snatch	110	Chris Freebury	26-06-2010	British Senior Championships
	Clean & Jerk	145	Mubarak Musoke Knumbi	11-07-2009	British Senior Championships
	Total	240	Chris Freebury	24-01-2004	British Senior Championships
<b>69</b>	Snatch	123	Shaun Clegg	26-05-2012	British Senior Championships
	Clean & Jerk	150	Halil Zorba	20-10-2007	British Under 23 Championships
	Total	273	Shaun Clegg	26-05-2012	British Senior Championships
<b>77</b>	Snatch	142	Jack Oliver	09-04-2012	European Senior Championships
	Clean & Jerk	172	Jack Oliver	10-05-2014	British Senior Championships
	Total	313	Jack Oliver	27-07-2014	Commonwealth Games
<b>85</b>	Snatch	143	Jack Oliver	15-06-2013	British Under 23 Championships
	Clean & Jerk	180	Jack Oliver	20-09-2013	European Under 23 Championships
	Total	320	Jack Oliver	20-09-2013	European Under 23 Championships
<b>94</b>	Snatch	152	Sonny Webster	11-06-2016	British Weightlifting Championships
	Clean & Jerk	194	Sonny Webster	11-06-2016	British Weightlifting Championships
	Total	346	Sonny Webster	11-06-2016	British Weightlifting Championships
<b>105</b>	Snatch	153	Ben Watson	06/07/2013	La Coruna, Spain
	Clean & Jerk	176	Ben Watson	13/07/2013	British Junior (U20) Championships
	Total	326	Ben Watson	06/07/2013	British Junior (U20) Championships
<b>105+</b>	Snatch	171	Darius Jokarzadeh	08-12-2012	European Junior (U20) Championships
	Clean & Jerk	215	Darius Jokarzadeh	10-05-2013	Commonwealth Games
	Total	361	Darius Jokarzadeh	08-12-2012	European Junior (U20) Championships