

Class	Lift	Record Holder	Record (kg)	Date	Event
48	Snatch	Samantha Franklin	65	20/01/2018	English Championships
	Clean & Jerk	Noorin Gulam	78	20/01/2018	English Championships
	Total	Noorin Gulam	143	20/01/2018	English Championships
53	Snatch	Fraer Morrow	73	21/01/2017	English Championships
	Clean & Jerk	Amy Williams	94	20/01/2018	English Championships
	Total	Amy Williams	166	20/01/2018	English Championships
58	Snatch	Zoe Smith	94	25/01/2014	English Championships
	Clean & Jerk	Zoe Smith	112	25/01/2014	English Championships
	Total	Zoe Smith	206	25/01/2014	English Championships
63	Snatch	Sarah Davies	87	30/01/2016	English Championships
	Clean & Jerk	Emily Godley	108	26/01/2013	English Championships
	Total	Sarah Davies	193	21/01/2017	English Championships
69	Snatch	Rebekah Tiler	90	30/01/2016	English Championships
	Clean & Jerk	Rebekah Tiler	120	30/01/2016	English Championships
	Total	Rebekah Tiler	210	30/01/2016	English Championships
75	Snatch	Rebekah Tiler	95	22/01/2017	English Championships
	Clean & Jerk	Mercy Brown	119	25/01/2014	English Championships
	Total	Mercy Brown	213	25/01/2014	English Championships
90	Snatch	Mercy Brown	96	31/01/2016	English Championships
	Clean & Jerk	Mercy Brown	125	31/01/2016	English Championships
	Total	Mercy Brown	221	31/01/2016	English Championships
90+	Snatch	Mercy Brown	96	31/01/2016	English Championships
	Clean & Jerk	Emily Campbell	130	21/01/2018	English Championships
	Total	Emily Campbell	223	21/01/2018	English Championships

Class	Lift	Record Holder	Record (kg)	Date	Event
56	Snatch	Jaswant Shergill	83	22/01/2011	English Championships
	Clean & Jerk	Robert Davies	107.5	24/01/2004	English Championships
	Total	Robert Davies	190	24/01/2014	English Championships
62	Snatch	Jaswant Shergill	111	24/01/2015	English Championships
	Clean & Jerk	Jaswant Shergill	141	24/01/2015	English Championships
	Total	Jaswant Shergill	252	24/01/2015	English Championships
69	Snatch	Christopher Freebury	122	21/01/2017	English Championships
	Clean & Jerk	Stewart Cruickshank	155	20/01/2002	English Championships
	Total	Stewart Cruickshank	275	20/01/2002	English Championships
77	Snatch	Jack Oliver	146	24/01/2015	English Championships
	Clean & Jerk	Jack Oliver	173	24/01/2015	English Championships
	Total	Jack Oliver	319	24/01/2015	English Championships
85	Snatch	Antony Arther	150	20/01/2002	English Championships
	Clean & Jerk	Stephen Ward	175	20/01/2002	English Championships
	Total	Antony Arther	325	20/01/2002	English Championships
94	Snatch	Cyrille Fagat Tchatchet II	155	21/01/2018	English Championships
	Clean & Jerk	Cyrille Fagat Tchatchet II	190	22/01/2017	English Championships
	Total	Cyrille Fagat Tchatchet II	341	22/01/2017	English Championships
105	Snatch	Delroy McQueen	155	20/01/2002	English Championships
	Clean & Jerk	Delroy McQueen	207.5	20/01/2002	English Championships
	Total	Delroy McQueen	362.5	20/01/2002	English Championships
105+	Snatch	Gurbinder Cheema	160	20/01/2002	English Championships
	Clean & Jerk	Giles Greenwood	190	20/01/2002	English Championships
	Total	Gurbinder Cheema	350	20/01/2002	English Championships