

CLASS/ EVENT	British Senior	English Senior	British U23	British U20	British U17	British U15	British U13	British U11	British Universities & Colleges
M40	-	-	-	-	-	-	-	*	-
M45	-	-	-	-	-	-	*	*	-
M50	-	-	-	-	90	60	*	*	-
M56	192	176	152	140	100	70	*	*	125
M62	212	194	168	155	112	77	*	*	140
M69	235	215	187	172	125	87	*	*	155
M77	254	233	207	190	137	97	*	*	175
M77+	-	-	-	-	-	-	-	*	-
M85	267	245	225	207	155	107	*	-	190
M85+	-	-	-	-	-	-	*	-	-
M94	276	253	240	225	172	120	-	-	200
M94+	-	-	-	-	190	132	-	-	-
M105	289	264	252	230	-	-	-	-	210
M105+	303	277	260	240	-	-	-	-	220
W35	-	-	-	-	-	-	-	*	-
W40	-	-	-	-	-	-	*	*	-
W44	-	-	-	-	70	45	*	*	-
W48	115	95	90	85	75	50	*	*	75
W53	127	105	97	90	80	55	*	*	80
W58	139	115	105	95	85	60	*	*	85
W58+	-	-	-	-	-	-	-	*	-
W63	147	122	110	100	90	65	*	-	90
W63+	-	-	-	-	-	-	*	-	-
W69	152	126	115	105	95	72	-	-	95
W69+	-	-	-	-	100	79	-	-	-
W75	157	130	122	110	-	-	-	-	100
W75+	170	140	130	117	-	-	-	-	105

*Qualification via participation in any development level event in 12 months prior to competition that was registered via BWL or region

Lifters must hold a BWL membership, with a member number issued by British Weight Lifting in order to enter the following competitions: English Championships, British Age Group Championships, British University & College Championships, British 17 & Under Championships, British Championships, British 23 & Under Championships, British 20 & Under Championships, Para-Powerlifting Spring Open, Para-Powerlifting Autumn Open.

