



BRITISH WEIGHT LIFTING SELECTION POLICY 2018 EUROPEAN OPEN PARA POWERLIFTING CHAMPIONSHIPS

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OVERVIEW

The 2018 World Para Powerlifting (WPP) European Open Championships will take place in Berck-Sur-Mer, France, between May 25th and May 29th, 2018.

This selection policy has been created in line with British Weight Lifting's (BWL) UK Sport funded mission of sending British Para Powerlifters to the 2020 Tokyo Paralympic Games with the potential to win 1-2 medals and developing future medallists for the 2024 Paris Paralympic Game.

This selection policy will support World Class Program (WCP) members in establishing their eligibility for Tokyo 2020 by satisfying the International Paralympic Committee (IPC) Paralympic Qualification Pathway outlined by IPC WPP.

Aligned with the WPP Paralympic Qualification Pathway attending this competition is the **second mandatory competition** in which attendance at facilitates eligibility for the Tokyo 2020 Paralympic Games.

This selection policy is designed to fully support members of the WCP at the time of selection.

This selection policy may support non-WCP athletes with the understanding that they may need to invest in themselves by contributing to competition costs if budget limits are met.

This selection policy will facilitate participation for both senior and junior athletes capable of demonstrating the potential to medal at a Paralympic Games in 2020 or 2024.

This policy will also inform athlete's regarding Home Nation selection pathways, for representation of England, Wales, Scotland and N. Ireland under the Great Britain banner to maintain the development of talent pathways throughout the cycle.

Please be aware this policy is subject to funding availability for the 2017 to 2021 Tokyo Paralympic Cycle. The level of non-WPC athlete self-investment will depend on available funding. Any updates or changes will be published online at <http://britishweightlifting.org/>. Any queries regarding self investment can be sent to tom.whittaker@britishweightlifting.org.

1. GREAT BRITAIN ELIGIBILITY

1.1. WCP Athlete Eligibility Requirements †

To be considered to represent Great Britain at the European WPP Championships, athletes, at the time of selection, must satisfy the following for the BWL WCP to fund their participation;

- 1.1.1. Be a member of the BWL WCP for 2018; In addition;
 - 1.1.1.1. Have a competition plan that has identified this event as part of their development strategy for 2018-2020
 - 1.1.1.2. Have a current performance profile which meets agreed WCP performance objectives
 - 1.1.1.3. There must be evidence the athlete has adhered to agreed WCP membership and engagement obligations
- 1.1.2. Be a citizen of the United Kingdom and hold a valid British passport that expires at least 6 months after the day of departure
- 1.1.3. Be a current member of British Weight Lifting (BWL), in good standing and not in dispute with BWL and/or its affiliated bodies or partners
- 1.1.4. Compliant with BWL's Anti-Doping controls and procedures at BWL's discretion and direction
- 1.1.5. Athletes must satisfy IPC eligibility rules and have **purchased an IPC License** for the 2018 Summer Season via BWL
- 1.1.6. Have gone through and been successful at National Classification and/or International Classification assessment with either (A) confidence in being successful at international assessment established or (B) having already achieved a 'confirmed' or 'review' sport status for 2018
- 1.1.7. Have competed in a BWL or IPC WPP approved competition between 01st September 2017 and 18th March 2017
- 1.1.8. Have met the BWL Minimum Qualifying Standards (MQS) in a weight class for this competition (Section 2) * within the time period described in Section 1, point 1.1.7.
- 1.1.9. Have a positive development trajectory, current performance level (see 1.1.8) and/or demonstrate the engagement necessary to show the potential to win medals at the 2020 or 2024 Paralympic Games. The decision whether performance level, trajectory and engagement are appropriate indicators is at the sole discretion of BWL and is based on the following;
 - Distance from the Paralympic medal zone in kilograms
 - Ability to contribute to UK Sport milestone targets
 - Average monthly rate of progress between 1st Jan 2016 to 18th - March 2018
 - Level of engagement - Does BWL have regular contact and understanding/input to potentially accelerate the technical and physical development of the athlete and justify funding the individual

*In accordance with IPC rule 4.1 athletes may be entered into a weight class that they did not qualify in when specific entry and team size rules and regulations can apply. These rules may be utilised by BWL during the selection process at their discretion if doing so increases the likelihood of meeting UK Sport annual performance milestone targets, winning medals at the European Championships or winning medals at the 2020 Tokyo Paralympic Games.

British Weight Lifting will take into consideration athlete preferences but will select athletes for weight classes that increase the likelihood of athletes finishing in the highest position possible and/or contributes to a better overall team performance or representation, which is ever is most appropriate.

† BWL, at their discretion will consider reasons and evidence for not complying with the above eligibility criteria or not satisfying other selection considerations. Reasons and evidence must be submitted to Tom Whittaker by email prior to the 10/03/2018.

Please be aware for some athletes the BWL Spring Open may be the last opportunity to meet eligibility criteria if they have not competed in any other approved BWL or IPC WPP competition since 01st September 2017.

1.2. Non-WCP Athlete Eligibility Requirements

To be considered to represent Great Britain at the 2018 IPC WPP European Championships, athletes not holding membership to the BWL WCP at the time of selection must satisfy the following criteria. *

- 1.2.1. Satisfy the eligibility requirements in section 1; 1.1.2. – 1.1.9. With an emphasis on 1.1.7-1.1.9
- 1.2.2. It is understood that participation may be dependent on any required competition costs being paid to BWL ahead of departure aligned with a payment schedule communicated by BWL
- 1.2.3. It is understood the athlete's selection, regardless of self investment is dependent on complying with team travel dates and accommodation organised by BWL
- 1.2.4. It is understood that Great Britain performance staff will manage final overseas preparation and competition day performance management of the athlete aligned with submitted training and competition day guidelines from personal coaches. The only exception would be where a coach is engaging with the WCP and has a development plan aligned with supporting the WCP. In this situation a personal coach may be considered to support this event. BWL performance staff are responsible for delivering field of play strategy aligned with UK Sport annual performance milestones and will therefore make decisions accordingly.

***The level of self investment non-world class program athletes need to pay is subject to final funding availability for this event and will be communicated at the time of selection.**

1.3. Home Nation Funding Pathway

For non-WCP athletes that don't meet the BWL Performance standards but Home Nation governing bodies are willing to fund participation aligned with the following criteria, selection can be considered;

- 1.3.1. Satisfy the eligibility requirements in section 1; 1.1.2. – 1.1.7.
- 1.3.2. The respective Home Nation body must submit in writing information demonstrating how an athlete can contribute to that Home nations development objectives in 2018-2022. This information should be submitted to Tom Whittaker prior to the 16th March 2018
- 1.3.3. It is understood that the athlete is not considered for selection to represent Great Britain, but to represent their Home Nation under the Great Britain banner via BWL
- 1.3.4. It is understood that athlete selection is dependent on funding being paid to BWL ahead of departure aligned with a payment schedule communicated by BWL
- 1.3.5. It is understood that athlete selection, regardless of Home Nation investment is dependent on complying with team travel dates and accommodation organised by BWL
- 1.3.6. It is understood that Great Britain performance staff will manage final overseas preparation and competition day performance management of the athlete aligned with submitted training and competition day guidelines from personal coaches. The only exception would be where a coach is engaging with the BWL WCP and has a development plan aligned with supporting the WCP. In this situation a personal coach may be considered to support this event. BWL performance staff are responsible for delivering field of play strategy aligned with UK Sport annual performance milestones and will therefore make decisions accordingly.

Please contact Tom Whittaker at tom.whittaker@britishweightlifting.org who will forward you onto the relevant contact person within the relevant Home Nation organisation.

2. GREAT BRITAIN MINIMUM QUALIFYING TOTALS

GB SENIOR AND JUNIOR MEN

Weight Class	49	54	59	65	72	80	88	97	107	107+
Senior MQS (KG)	119	126	136	147	155	160	167	172	182	187
Junior MQS (KG)	93	101	109	120	128	134	140	145	155	160

GB SENIOR AND JUNIOR WOMEN

Weight Class	41	45	50	55	61	67	73	79	86	86+
Senior MQS (KG)	60	68	76	79	81	83	84	89	91	92
Junior MQS (KG)	50	58	66	69	71	73	74	79	81	82

3. GREAT BRITAIN SELECTION

3.1. Process Overview

- 3.1.1. The selection panel will convene to provisionally select athlete's week beginning the 19th March 2018, aligned with IPC entry rules and regulations and this selection policy
- 3.1.2. All athletes who have achieved the BWL MQS during the selection period (see section 1, point 1.1.8.) may be considered for selection.
- 3.1.3. The athletes on the WCP at the time of selection will have 100% of the associated competition costs covered by BWL (this does not include domestic travel or accommodation).

- 3.1.4. Non-WCP athletes who have achieved the BWL MQS may be provisionally selected pending agreed levels of self investment being established, to be paid to BWL ahead of departure aligned with communicated deadlines.
- 3.1.5. The selection panel may set conditions and targets for any athlete, some of which may have to be met before departure as part of post selection confirmation of fitness procedures
- 3.1.6. Should budgets allow, BWL, at their discretion may choose to select an athlete they believe has the potential to win future medals on the world stage ahead of another athlete who at the time of selection may have a greater historical performance pedigree

3.2. WCP Athlete Selection

- 3.2.1. Athletes who are current members of the BWL WCP at the time of selection will be provisionally selected having satisfied the eligibility criteria in section 1 (1.1.)
- 3.2.2. Additional selection considerations are below, but not limited to:
 - 3.2.2.1. Having a competition plan that has identified this event as part of their development strategy for 2017
 - 3.2.2.2. Likelihood of contributing the UKS performance milestones
 - 3.2.2.3. Injury status, history and evidence the athlete has managed their health well in the last 6 months
 - 3.2.2.4. Has a positive track record of successfully making weight for the bodyweight class selected in
 - 3.2.2.5. Has demonstrated the necessary behaviours to operate within a group of individuals without directly or indirectly affecting another team members performance negatively
 - 3.2.2.6. Having a current performance profile which meets agreed WCP performance objectives
 - 3.2.2.7. Evidence the athlete has adhered to agreed WCP membership engagement obligations
 - 3.2.2.8. Evidence of mitigating circumstances for not satisfying all eligibility criteria is considered and must be submitted no later than the 10th March 2018

All athletes will receive verbal confirmation. A selection agreement shall follow by email which athletes must sign and return to confirm selection and their understanding of the grounds on which selection is confirmed and continued selection is maintained (see sections 5, 6, 7).

3.3. Non-WCP Athlete Selection

- 3.3.1. Non-WCP athletes who achieve the MQS within the BWL qualification period may be provisionally selected having satisfied the relevant eligibility criteria

identified in Section 1 (1.2.). These athletes may need to commit to a level of self-investment identified by BWL.

- 3.3.2. Additional selection considerations are below but not limited to:
 - 3.3.2.1. Likelihood of contributing the UKS performance milestones
 - 3.3.2.2. Injury status, history and evidence the athlete has managed their health well in the last 6 months
 - 3.3.2.3. Has a positive track record of making weight for the bodyweight class selected in
 - 3.3.2.4. Has demonstrated the behaviours necessary to operate within a group of individuals without directly or indirectly affecting another team members performance negatively
 - 3.3.2.5. Pre-competition engagement with the WCP; history of and/or evidence of developing effective competition strategy with WCP performance staff prior to departure
 - 3.3.2.6. Age profile and injury history
 - 3.3.2.7. Time spent competing in the sport

All athletes will receive verbal confirmation followed by a selection agreement which shall be sent by email. Non-WCP athletes must sign and return this agreement to confirm selection and their understanding of the grounds on which selection is confirmed and continued selection is maintained (section 5, 6, 7), that participation may require self-investment at a cost to the athlete. Details regarding returning the agreement and necessary payment to BWL will be outlined at the time of selection. The deadline for payment is identified in section 4.

3.4. Home Nation Athlete Selection

- 3.4.1. Non-WCP athletes who don't meet the BWL MQS may be funded by their Home Nation organisation. The selection of these athletes will be subject to meeting the eligibility criteria in section 1; 1.1.2 - 1.1.7 and based on the following considered selection criteria, but not limited to the following;
 - 3.4.1.1. Clarity over how participation at this event leads to the development of Para Powerlifting with in the Home Nation organisation and contribution to their key performance indicators.
 - 3.4.1.2. Likelihood of contributing to UKS performance milestones at this event
 - 3.4.1.3. Performance collaboration with the WCP; history and/or evidence of developing effective competition strategy with BWL Performance staff prior to departure
 - 3.4.1.4. Age profile and injury history
 - 3.4.1.5. Time spent competing in the sport
 - 3.4.1.6. Has a positive track record of making weight for the bodyweight class selected in

- 3.4.1.7. Has demonstrated the necessary behaviours to operate within a group of individuals without directly or indirectly affecting another team members performance negatively

3.5. Selection Panel

- 3.5.1. The selection panel will be chaired by a member of the BWL High Performance Committee and include the BWL Paralympic Performance Director and one member of the BWL High Performance Committee or WCP performance team
- 3.5.2. All conflicts of interest will be declared and in the event of a conflict, the chair of the selection panel will ask that individual to leave the room while the athlete is considered for selection.
- 3.5.3. BWL's UK Sport Performance Advisor may attend the selection meeting in a non-voting capacity to support the application of this selection policy.

4. Time Line of Critical Events

- 4.1. Publication of selection policy on the 02/03/2018
- 4.2. BWL qualification period ends on the 18th March 2018
- 4.3. The selection panel will convene week beginning the 19th March 2018 to select eligible athletes based on this policy
- 4.4. On the day of selection athletes will be notified by email as to whether they have been provisionally selected or not, pending any appeals. All selected athletes will receive a selection letter outlining the conditions of their selection which will need to be returned to Tom Whittaker at tom.whittaker@britishweightlifting.org
- 4.5. The appeal submission period begins the day after selection at 00:00hrs and lasts for 72 hours (3 days). An appeal application can be requested from the BWL office and must be submitted with payment of £250.00 to cover administration and process costs. Late appeal submissions will not be considered.
- 4.6. After the appeal window closes the appeal panel will convene as quickly as possible and selected athletes will be informed if they could be affected by any of the appeal submissions. A specific date for the appeal panel to convene will be communicated once the selection date is confirmed, week beginning the 19th March.
- 4.7. On the same day that the appeal panel convenes, athletes who have appealed will be notified by email as to whether they have been successful or not. Anyone else impacted by appeal outcomes will be notified also.
- 4.8. Any necessary selection agreements that need to be sent in the event of a successful appeal will be delivered via email and must be returned to Tom Whittaker
- 4.9. The 5th April is the deadline for athletes to have signed and returned their selection agreement to Tom Whittaker

- 4.10. By the 9th April BWL will complete final entries by name
- 4.11. The 27th April is the deadline for athletes to make payment regarding agreed self-investment to BWL*
- 4.12. Departure for the 2018 European Championships will be on the 22nd May (TBC)

Any update to this time line of critical events will be disclosed immediately to all athletes.

*If payment is not received the athlete may be de-selected and deemed ineligible for international representation in the future, having agreed to payment and a payment schedule upon signing a selection agreement letter.

5. GREAT BRITAIN CONFIRMATION OF FITNESS

5.1. Pre-Selection

- 5.1.1. Prior to selection any athlete who has satisfied eligibility requirements but has or there is any doubt surrounding their current performance potential may, where deemed appropriate by the BWL Performance Director be required to undergo physical testing to provide further information for consideration. Any performance or medical review would be performed by a member of the BWL WCP performance team and/or a Doctor identified by the Performance Director. The performance test may be the Bench Press to IPC competition rules.
- 5.1.2. Any decision not to consider an athlete on grounds of ill health or injury having satisfied eligibility requirements will be confirmed in writing to the athlete after verbal communication by BWL.

5.2. Post Selection

- 5.2.1. At the request of BWL all selected athletes may undergo or have requested of them reasonable medical assessments or physical testing to ensure performance levels at the time of selection are at least maintained
- 5.2.2. BWL is entitled to request any reasonable method to determine a level of good health and performance capability, which may include but is not limited to; General Practitioner review, musculo-skeletal assessments, body weight/composition assessment, performance testing and meetings.

6. GREAT BRITAIN DE-SELECTION

- 6.1. Prior to departure, BWL retains the right to de-select any athlete under circumstances such as;
 - 6.1.1. Illness, injury or not fit to travel abroad and compete at the level they qualified at
 - 6.1.2. Non-compliance with post selection fitness testing or requests to prove/establish good health
 - 6.1.3. Any doping infringement incompatible with BWL Anti-Doping policies and procedures
 - 6.1.4. Not complying with an any agreed schedule of contact
 - 6.1.5. Nondisclosure of training related information that may contribute to the development of competition strategy or whether the athlete is on track to perform as agreed at the time of selection

- 6.2. If de-selection occurs the athlete will be informed verbally and in writing to explain why. BWL will send the information via email.

7. GREAT BRITAIN OBLIGATIONS

- 7.1. Selected athletes will be required to;
 - 7.1.1. Sign a selection agreement letter which, upon signing confirms the athletes understanding of the grounds up on which selection is maintained
 - 7.1.2. Attend agreed team camps, training days or activities prior to the competition
 - 7.1.3. Adhere to specified travel and accommodation arrangements
 - 7.1.4. Athletes will compete in the bodyweight category chosen by BWL. Aligned with UK Sport funding milestone targets
 - 7.1.5. Wear appropriate apparel as specified by BWL at all camps, events and the competition
 - 7.1.6. Establish an agreed performance target with the BWL Performance Director for this event
 - 7.1.7. Inform the BWL Performance Director immediately should their preparation be interrupted in any way after selection
 - 7.1.8. Submit training and bodyweight information as requested by BWL
 - 7.1.9. Continually develop a social profile which reflects well on themselves and the sport domestically and internationally

8. GREAT BRITAIN APPEALS

- 8.1. Athletes have the right to appeal their non-selection in accordance with the BWL Appeals Policy. A copy can be obtained by contacting the BWL main office. Appeals may only be made on the grounds that the procedure outlined in this policy has not been adhered to
- 8.2. The notice of appeal must be accompanied by payment of £250, payable to BWL as a contribution to administrative costs associated with processing any appeal.

9. COMPETITION COSTS

- 9.1. Non-WCP athletes will be informed about the level of self investment required to cover associated competition costs once selection has been made.
- 9.2. Non-WCP athlete investments must be paid by 27th April 2018 to BWL. Payment details and schedule will be included in the selection letter if necessary
- 9.3. See **Appendix A** for competition costs in detail

10. COMPETITION DATES

- 10.1. Departure from the UK on the 22nd May 2018 (TBC)
- 10.2. Mode of travel is to be confirmed (Train or Aeroplane)
- 10.3. Classification takes place on the 23rd and 24th May 2018
- 10.4. 2018 WPP European Open Championships takes between the 25th May and the 29th May 2018
- 10.5. Return date will be the 30th May 2018 (TBC)

APPENDIX A

COMPETITION COSTS

The costs associated with the competitions are;

- Single Room – 130 EURO per night (includes competition transport and 3 meals a day)
- Double Room - 90 EURO per night (includes competition transport and 3 meals a day)
- Entry – 500 EURO per delegate (athlete and staff)
- Flight – £200 (flight costs change daily based on proximity, demand/availability, this is just a guide. Costs may exceed this range)

Individual athlete self-investment needs to be paid to BWL by the 27th April for BWL to meet final payment deadlines.

APPENDIX B

HOTEL ADDRESS

HÔTEL LE RÉGINA

40 Rue de Lhomel, 62600 Berck