

# Code of Conduct for Team Managers, Coaches and Medical Staff

As a responsible Team Manager, Coach or a member of the weightlifting team (as Medical Staff or Support Staff) I will:

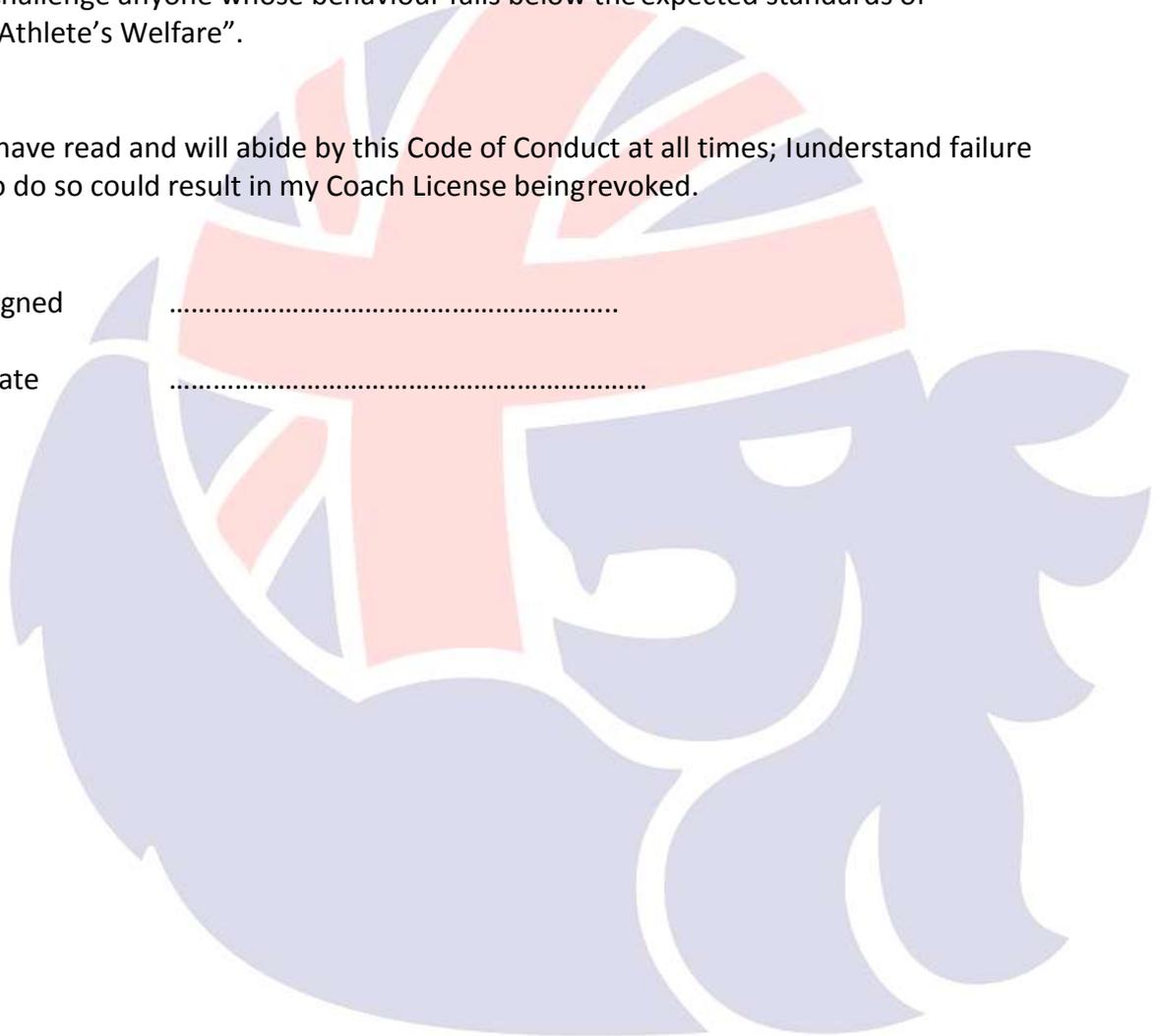
- Remember that young people participate in the sport of weightlifting for enjoyment and winning is only part of the fun
- Never ridicule, yell or swear at lifters for making a mistake or for not winning
- Be reasonable in my demands on lifters time, energy and enthusiasm
- Operate within the rules and spirit of weightlifting and teach my lifters to do the same.
- Be organised and on time
- Do all I can to ensure all lifters receive equal attention and opportunities
- Ensure that the equipment, and training schedules are modified to suit the age, ability and maturity level of the lifter
- Avoid over training and over competing the talented young lifter and understand that the average young lifter need and deserve equal time and attention
- Strictly maintain a clear boundary between friendship and intimacy with a lifter, official or other person with whom I work.
- Not use bad language nor will I harass young lifters, officials, spectators or other coaches
- Show concern and caution toward unwell and injured lifters and follow the advice of a doctor when determining whether an injured lifter is ready to recommence training or competition
- Ensure that both equipment and facilities meet safety standards and are appropriate to the age and ability of all lifters
- Display control, respect and professionalism to all involved with the sport including opponents, referees, coaches, officials, administrators, the media, parents and spectators. I will encourage my lifters to do the same.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young lifters
- Not arrive at the venue intoxicated or drink or supply alcohol whilst competitors under the age of 18 are participating.
- Not allow the unlawful supply of alcohol at training, or club functions
- Avoid destructive behaviour and leave competition / training venues as I find them.
- Never engage in any illegal or irresponsible behaviour.
- Show patience with and respect diversity in others.
- Promote adherence to anti-doping policies.
- Comply with best practise guidelines as laid down in BWL's Child Safeguarding Children and Young People in Lifting Policy.

- Challenge anyone whose behaviour falls below the expected standards of “Athlete’s Welfare”.

I have read and will abide by this Code of Conduct at all times; I understand failure to do so could result in my Coach License being revoked.

Signed .....

Date .....



# BRITISH WEIGHT LIFTING