

British Women's Under 23 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
48	Snatch	67	Hannah Powell	08-03-2015	Welsh Senior Championships	Cardiff, Wales
	Clean & Jerk	83	Hannah Powell	08-03-2015	Welsh Senior Championships	Cardiff, Wales
	Total	150	Hannah Powell	08-03-2015	Welsh Senior Championships	Cardiff, Wales
53	Snatch	78	Jennifer Tong	03-03-2018	British University & College Championships	London, England
	Clean & Jerk	99	Fraer Morrow	06-04-2018	Commonwealth Games	Gold Coast, Australia
	Total	172	Fraer Morrow	06-04-2018	Commonwealth Games	Gold Coast, Australia
58	Snatch	92	Zoe Smith	11-04-2012	European Senior Championships	Antalya, Turkey
	Clean & Jerk	121	Zoe Smith	30-04-2012	Olympic Games	London, England
	Total	211	Zoe Smith	30-04-2012	Olympic Games	London, England
63	Snatch	97	Zoe Smith	25-11-2015	World Senior Championships	Houston, USA
	Clean & Jerk	124	Zoe Smith	25-11-2015	World Senior Championships	Houston, USA
	Total	221	Zoe Smith	25-11-2015	World Senior Championships	Houston, USA
69	Snatch	102	Rebekah Tiler	11-06-2016	British Weightlifting Championships	Coventry, England
	Clean & Jerk	126	Rebekah Tiler	24-10-2015	Northern Weightlifting Open	Mytholmroyd, England
	Total	227	Rebekah Tiler	11-06-2016	British Weightlifting Championships	Coventry, England
75	Snatch	95	Rebekah Tiler	21-01-2017	English Weightlifting Championships	Milton Keynes, England
	Clean & Jerk	118	Mercy Brown	27-11-2014	European U23 & U20 Championships	Limassol, Cyprus
	Total	210	Mercy Brown	14-11-2014	World Senior Championships	Almaty, Kazakhstan
90	Snatch	105	Mercy Brown	02-07-2016	World Junior Championships	Tbilisi, Georgia
	Clean & Jerk	131	Mercy Brown	02-07-2016	World Junior Championships	Tbilisi, Georgia
	Total	236	Mercy Brown	02-07-2016	World Junior Championships	Tbilisi, Georgia
90+	Snatch	106	Mercy Brown	22-01-2017	English Weightlifting Championships	Milton Keynes, England
	Clean & Jerk	138	Emily Campbell	03-09-2017	Commonwealth Championships	Gold Coast, Australia
	Total	236	Mercy Brown	01-10-2017	British Junior & U23 Championships	Castleford, England



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