

British Women's Senior Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch	58	British Standard	01 October 2018		
	Clean & Jerk	77	British Standard	01 October 2018		
	Total	135	British Standard	01 October 2018		
49	Snatch	67	Kelly-Jo Robson	02 November 2018	World Senior Championships	Ashgabat, Turkmenistan
	Clean & Jerk	86	Kelly-Jo Robson	02 November 2018	World Senior Championships	Ashgabat, Turkmenistan
	Total	153	Kelly-Jo Robson	02 November 2018	World Senior Championships	Ashgabat, Turkmenistan
55	Snatch	78	British Standard	01 October 2018		
	Clean & Jerk	97	British Standard	01 October 2018		
	Total	175	British Standard	01 October 2018		
59	Snatch	83	British Standard	01 October 2018		
	Clean & Jerk	99	British Standard	01 October 2018		
	Total	182	British Standard	01 October 2018		
64	Snatch	95	Zoe Smith	05 November 2018	World Senior Championships	Ashgabat, Turkmenistan
	Clean & Jerk	123	Sarah Davies	05 November 2018	World Senior Championships	Ashgabat, Turkmenistan
	Total	217	Sarah Davies	05 November 2018	World Senior Championships	Ashgabat, Turkmenistan

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71	Snatch	87	British Standard	01 October 2018		
	Clean & Jerk	104	British Standard	01 October 2018		
	Total	191	British Standard	01 October 2018		
76	Snatch	88	British Standard	01 October 2018		
	Clean & Jerk	107	British Standard	01 October 2018		
	Total	195	British Standard	01 October 2018		
81	Snatch	90	British Standard	01 October 2018		
	Clean & Jerk	109	British Standard	01 October 2018		
	Total	199	British Standard	01 October 2018		
87	Snatch	92	British Standard	01 October 2018		
	Clean & Jerk	111	British Standard	01 October 2018		
	Total	203	British Standard	01 October 2018		
87+	Snatch	114	Emily Campbell	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	143	Emily Campbell	19 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	257	Emily Campbell	19 January 2019	England Senior Championships	Milton Keynes, GBR