

England Age Group Championships 2019

Saturday 23 February

| Red Platform 60 Lifters | | Blue Platform 54 Lifters | |
|-------------------------|---------------------------|--------------------------|---------------------|
| Weigh in: 0800 | Group 1 – Boy's Under 12 | Weigh in: 0800 | Group A – Men's U15 |
| Start: 1000 | All bodyweights | Start: 1000 | 49-61kg categories |
| Finish: 1120 | 9 Lifters | Finish: 1120 | 7 Lifters |
| Weigh in: 0900 | Group 2 – Girl's Under 12 | Weigh in: 0900 | Group B – Men's U15 |
| Start: 1130 | All bodyweights | Start: 1130 | 67-96kg categories |
| Finish: 1230 | 8 Lifters | Finish: 1300 | 10 Lifters |
| Weigh in: 1000 | Group 3 – Women's U15 | Weigh in: 1000 | Group C – Men's U17 |
| Start: 1240 | All bodyweights | Start:1310 | 55-73kg categories |
| Finish: 1445 | 14 Lifters | Finish: 1440 | 10 Lifters |
| Weigh in: 1100 | Group 4 – Women's U17 | Weigh in: 1100 | Group D – Men's U17 |
| Start: 1455 | All bodyweights | Start: 1450 | 81-96kg categories |
| Finish: 1635 | 11 Lifters | Finish: 1555 | 6 Lifters |
| Weigh in: 1200 | Group 5 – Women's U20 | Weigh in: 1200 | Group E – Men's U20 |
| Start: 1645 | All bodyweights | Start: 1605 | All bodyweights |
| Finish: 1750 | 6 Lifters | Finish: 1755 | 12 Lifters |
| Weigh in: 1300 | Group 6 – Women's U23 | Weigh in: 1300 | Group F – Men's U23 |
| Start: 1800 | All bodyweights | Start: 1805 | All bodyweights |
| Finish: 1950 | 11 Lifters | Finish: 1910 | 7 Lifters |

PLEASE BE AWARE THAT THIS IS A DRAFT SCHEDULE AND IS SUBJECT TO CHANGE