

British Women's U20 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch	38	British Standard	01 October 2018		
	Clean & Jerk	52	British Standard	01 October 2018		
	Total	90	British Standard	01 October 2018		
49	Snatch	54	Taslima Begum	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	72	Taslima Begum	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	126	Taslima Begum	20 January 2019	England Senior Championships	Milton Keynes, GBR
55	Snatch	60	Ellie McManus	03 February 2019	The Hive Weightlifting Open 2019	Lancaster, GBR
	Clean & Jerk	70	Ellie McManus	03 February 2019	The Hive Weightlifting Open 2019	Lancaster, GBR
	Total	130	Ellie McManus	03 February 2019	The Hive Weightlifting Open 2019	Lancaster, GBR
59	Snatch	77	Juliatt Chang-Fane	13 January 2019	BWL Midlands Age Group Open 2019	Lydney, GBR
	Clean & Jerk	96	Juliatt Chang-Fane	01 October 2018	BWL Midlands Age Group Open 2019	Lydney, GBR
	Total	171	Juliatt Chang-Fane	01 October 2018	BWL Midlands Age Group Open 2019	Lydney, GBR
64	Snatch	64	Niamh Broad	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	80	Niamh Broad	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	144	Niamh Broad	20 January 2019	England Senior Championships	Milton Keynes, GBR

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71	Snatch	68	Chloe Hood	02 February 2019	Strength Academy Wales Open 2019	Pembrokeshire, GBR
	Clean & Jerk	86	Chloe Hood	02 February 2019	Strength Academy Wales Open 2019	Pembrokeshire, GBR
	Total	154	Chloe Hood	02 February 2019	Strength Academy Wales Open 2019	Pembrokeshire, GBR
76	Snatch	66	British Standard	01 October 2018		
	Clean & Jerk	84	British Standard	01 October 2018		
	Total	150	British Standard	01 October 2018		
81	Snatch	68	British Standard	01 October 2018		
	Clean & Jerk	87	British Standard	01 October 2018		
	Total	155	British Standard	01 October 2018		
87	Snatch	70	British Standard	01 October 2018		
	Clean & Jerk	90	British Standard	01 October 2018		
	Total	160	British Standard	01 October 2018		
87+	Snatch	72	British Standard	01 October 2018		
	Clean & Jerk	93	British Standard	01 October 2018		
	Total	165	British Standard	01 October 2018		