

British Women's U23 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch	45	British Standard	01 October 2018		
	Clean & Jerk	65	British Standard	01 October 2018		
	Total	110	British Standard	01 October 2018		
49	Snatch	50	British Standard	01 October 2018		
	Clean & Jerk	70	British Standard	01 October 2018		
	Total	120	British Standard	01 October 2018		
55	Snatch	58	British Standard	01 October 2018		
	Clean & Jerk	82	British Standard	01 October 2018		
	Total	140	British Standard	01 October 2018		
59	Snatch	65	British Standard	01 October 2018		
	Clean & Jerk	85	British Standard	01 October 2018		
	Total	150	British Standard	01 October 2018		
64	Snatch	70	British Standard	01 October 2018		
	Clean & Jerk	90	British Standard	01 October 2018		
	Total	160	British Standard	01 October 2018		

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Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
71	Snatch	72	British Standard	01 October 2018		
	Clean & Jerk	93	British Standard	01 October 2018		
	Total	165	British Standard	01 October 2018		
76	Snatch	74	British Standard	01 October 2018		
	Clean & Jerk	96	British Standard	01 October 2018		
	Total	170	British Standard	01 October 2018		
81	Snatch	78	British Standard	01 October 2018		
	Clean & Jerk	102	British Standard	01 October 2018		
	Total	180	British Standard	01 October 2018		
87	Snatch	80	British Standard	01 October 2018		
	Clean & Jerk	105	British Standard	01 October 2018		
	Total	185	British Standard	01 October 2018		
87+	Snatch	85	British Standard	01 October 2018		
	Clean & Jerk	110	British Standard	01 October 2018		
	Total	195	British Standard	01 October 2018		