

British Women's U20 Records

Category (kg)	Lift	Record (kg)	Holder	Date	Competition	Location
45	Snatch	38	British Standard	01 October 2018		
	Clean & Jerk	52	British Standard	01 October 2018		
	Total	90	British Standard	01 October 2018		
49	Snatch	54	Taslima Begum	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	72	Taslima Begum	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	126	Taslima Begum	20 January 2019	England Senior Championships	Milton Keynes, GBR
55	Snatch	47	Charlize Richards	13 January 2019	BWL Midlands Age Group Open	Lydney, GBR
	Clean & Jerk	65	Charlize Richards	13 January 2019	BWL Midlands Age Group Open	Lydney, GBR
	Total	112	Charlize Richards	13 January 2019	BWL Midlands Age Group Open	Lydney, GBR
59	Snatch	52	Alexandra Musker	13 January 2019	BWL Midlands Age Group Open	Lydney, GBR
	Clean & Jerk	69	British Standard	01 October 2018		
	Total	120	British Standard	01 October 2018		
64	Snatch	64	Niamh Broad	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Clean & Jerk	80	Niamh Broad	20 January 2019	England Senior Championships	Milton Keynes, GBR
	Total	144	Niamh Broad	20 January 2019	England Senior Championships	Milton Keynes, GBR

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71	Snatch	62	Laura Helyar	10 November 2018	BWL Southern Regional Youth Series 1	Worcester, GBR
	Clean & Jerk	80	Laura Helyar	10 November 2018	BWL Southern Regional Youth Series 1	Worcester, GBR
	Total	142	Laura Helyar	10 November 2018	BWL Southern Regional Youth Series 1	Worcester, GBR
76	Snatch	66	British Standard	01 October 2018		
	Clean & Jerk	84	British Standard	01 October 2018		
	Total	150	British Standard	01 October 2018		
81	Snatch	68	British Standard	01 October 2018		
	Clean & Jerk	87	British Standard	01 October 2018		
	Total	155	British Standard	01 October 2018		
87	Snatch	70	British Standard	01 October 2018		
	Clean & Jerk	90	British Standard	01 October 2018		
	Total	160	British Standard	01 October 2018		
87+	Snatch	72	British Standard	01 October 2018		
	Clean & Jerk	93	British Standard	01 October 2018		
	Total	165	British Standard	01 October 2018		